

Greater Los Angeles Chapter of The ALS Association would like to thank Lynn Safenowitz for all of her hard work sponsoring the inaugural Game Day and Boutique on July 5, 2003 at North Ranch Country Club. Without her dedication, this event would not have been possible!

Thank you Lynn!



Left to right: Joan San Filippo, Giovanna D'Angelo, Lynn Safenowitz, Pat Fisher and Molly Rocky

SAVE THE DATE!

UPCOMING EVENTS



October 4, 2003

Walk to D'Feet ALS! Reed Park, Santa Monica. Register on-line at: www.walktodfeetla.kintera.org

November

National Caregivers Month

November 6, 2003

Cocktail Reception at the Playboy Mansion! Come join us as we honor Tim Noonan as the "Outstanding Local Individual Philanthropist" and Maurice Lacroix Swiss Watches for "Outstanding Corporate Philanthropy."

March 11-15, 2004

National Leadership Conference, Warner Center Marriott, Woodland Hills

May 16-18, 2004

National ALS Advocacy Day and Public Policy Conference. Washington Plaza Hotel, Washington, D.C.

If you would like to host a fundraising event, please contact the Director of Special Events, Giovanna D'Angelo at the Chapter office.

(818) 865-8067 • www.alsala.org • events@alsala.org



The Amyotrophic Lateral Sclerosis Association
Greater Los Angeles Chapter

P.O. Box 565
Agoura Hills, California 91376-0565

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Our Mission:

It is the mission of the Greater Los Angeles Chapter of The ALS Association to provide meaningful assistance for persons with ALS, their families, caregivers and health professionals in the Greater Los Angeles area.

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NEWS!

Visit our web site at

www.alsala.org

MESSENGER

THE ALS ASSOCIATION, GREATER LOS ANGELES CHAPTER SERVING
LOS ANGELES COUNTY • SAN BERNARDINO COUNTY • VENTURA COUNTY



The ALS Association celebrated Lou Gehrig's 100th Birthday on the field at Dodger Stadium with Curt Schilling.

2002 Walk to D'Feet ALS Top Fundraisers Celebrate Lou Gehrig's 100th Birthday at Dodger Stadium, July 5, 2003

Lou Gehrig will go down in history as one of the best ballplayers of all time. With a career average of .340 and 493 home runs, he played in a record setting 2,130 consecutive games and was elected to the Baseball Hall of Fame. This year marks the 100th birthday of Lou Gehrig, and to commemorate the occasion, the Los Angeles Dodgers awarded the Greater Los Angeles Chapter of The ALS Association 500 free tickets to the July 5th game against the Arizona Diamondbacks. The tickets were distributed to the top fundraising Walk to D'Feet teams of 2002 with the Hard D'Feetors, our #1 team, chosen to throw out the first pitch! Everyone cheered as Cory and Derek Hard ran out to the pitcher's mound with their dad, Gary, and threw two powerful pitches to get the game started.

Curt Schilling, the Arizona Diamondbacks' award-winning pitcher and long-time friend of The ALS Association, made a special guest appearance on the field before the game and had his picture taken with several of our PALS, gave out autographs and encouraged everyone to keep fighting for a cure. Chapter volunteers passed out Lou Gehrig baseball cards at the turnstiles as part of our public awareness campaign. The event was captured on regional television by Fox Sports with the help of ALSA volunteer Richard Flanagan. The Dodgers won 2-0, with a near no-hitter thrown by Odalis Perez and a great save by Eric Gagne.



ALSA Greater Los Angeles Chapter News

Letter From Our New Executive Director

by Fred Fisher



I have been warmly welcomed, quickly oriented, thoroughly inundated and primed to succeed in my new position as Executive Director of The ALS Association's Greater Los Angeles Chapter! I bring to the table 23 years of experience in family social services and a strong background in financial leadership. I've spent the last five weeks evaluating, questioning and probing the workings of the Chapter. The staff has been patient, supportive, at times demanding, and always kind. Your Board of Trustees has challenged me from the start to perform at my highest and best, and have proven themselves to be dynamic partners in the work I have been called to do.

In the short time I have been here I've learned this – moving into the future is a two-edged sword. On one side is our great need to expand the number of people we help, the geographical area we serve and the programs we offer to PALS and their families. On the other side is the deep wish that someday very soon researchers will announce that they have found the cause and cure for ALS, that there will no longer be a need for The ALS Association, and Lou Gehrig will once again be known solely for baseball excellence and his 23 grand slams. While we wait for that day, let's work together to grow our list of donors and volunteers, explore exciting ways to engage a wider circle of supporters and implement innovative programs to improve the quality of life for people with ALS and their family members.

I commit to learn and grow with each of you as we work to support those who need it the most and the researchers who are searching for the cure.

Chapter Wish List

Thank you very much to Sylvia Fritz and another anonymous donor who donated money towards the purchase of the Chapter's LCD projector!

- Additional needs include:
- Computer for volunteer workstation (>1 Ghz processor)
 - Two (2) new laser printers for the office staff
 - 25" color TV / VCR / DVD combination for office and training purposes
 - Heavy-duty 4-drawer filing cabinet
 - Laptop for presentations (>14" LCD screen, >1 Ghz Processor)
 - 16-port 100/100 Base-T Ethernet switch/router
 - Volunteers with BIG trucks to move electric wheelchairs and beds

If you can help out with these needs, please contact Molly at the Chapter office at (818) 865-8067 or via email at molly@alsala.org.

Presumptive Eligibility Announced for Persons with ALS

July 24, 2003

The ALS Association is very pleased to share with you today that Social Security Commissioner Jo Anne Barnhart announced the inclusion of a presumptive eligibility ruling for persons with ALS. This is a monumental breakthrough for ALS patients, as they will automatically gain disability status at the time of their diagnosis from their primary neurologist.

This disability status will make receiving disability benefits far less tedious and frustrating. In fact, it can help an ALS patient receive disability benefits months, and even years before patients might have received benefits prior to this ruling. Upon gaining disability status, persons with ALS must still wait the 5-month period before they will receive their benefits.

The Office of Management and Budget (OMB) must give its final approval of this rule making before it officially becomes law. While the OMB review process can take as long as 90 days, we are hopeful that this new ruling will be approved in a shorter period. The Advocacy Department will continue to monitor this process and will give you an update as soon as OMB gives its final approval of this ruling.

Thank you to the hundreds of ALSA Advocates who reached out to their Members of Congress during National ALS Advocacy Day. Due to your efforts, 82 Members of Congress sent a letter to Commissioner Barnhart requesting this important change. Please thank your Member of Congress for their assistance.

A Legacy of Hope

You can leave a legacy of hope by including The ALS Association in your will, living trust or other estate plan. All such gifts can be an enduring tribute to a loved one.

When making or revising your will or trust, we advise that you obtain the assistance of your attorney. Please note that the correct designation for including the Greater Los Angeles Chapter in your plan is:

The ALS Association, Greater Los Angeles Chapter

If you'd like more information about leaving a legacy of hope, please call **Fred Fisher, Executive Director at (818) 865-8067**.

Ronald Lewis
Brett and Julie Linden
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Check www.alsala.org for a list of companies that match employee donations!

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email: info@alsala.org

web: www.alsala.org

Ernie Wallengren Memorial Basketball Fest Raising Funds to Support ALS Research

Saturday, November 8, 2003, over 100 players will compete on 16 teams to raise funds to find a cure for ALS. The tournament, named after beloved Calabasas High School Basketball Coach Ernie Wallengren, will feature teams captained by Mark Wallengren of KOST 103.5 FM's "Mark and Kim" morning radio show, players from Countrywide Financial Corporation and top alumni from Calabasas High School.

The tournament is open to recreational and competitive teams of five to seven players that will compete for prizes and bragging rights!

For more information, please call Coach Russell White at (818) 735-7885 or register online at <http://home.earthlink.net/~erniehoops>.

Donations, Memberships and Memorials

The Greater Los Angeles Chapter of The ALS Association is truly grateful for the support we receive. The following acknowledgment lists persons and groups who contributed to our organization during the period of June 1, 2003 to August 14, 2003. Through these donations, the Chapter provides a way to remember and pay tribute to those who struggle valiantly in battling ALS. In addition, because of your care and support, we are able to continue providing valuable patient services to individuals with ALS and their families and to support needed research.

If a family member or friend has died of ALS and you wish to honor their memory, you may, in lieu of flowers, request donations to the Chapter. Please designate in the death notice that donations should be made to The ALS Association, Greater Los Angeles Chapter, P.O. Box 565, Agoura Hills, CA 91376-0565. You may request a supply of tribute envelopes to have on hand at the funeral home by calling (818) 865-8067.

Donations \$500+	In Honor of			
Sylvia Fritz John Krave	Suzi and Andrew McFadden's Wedding Evelyn and Robert Rockoff Sydel and Andrew Maher	Harriett Leece Rae and James Nobles Douglas Sortino Greg Stubblefield/ Enterprise Rent-a-Car	Carl Frova Rita and Richard Auelmann Bob Binsley Mary and Carl Boyer Margaret and William Chase Roger Colley Nancy and Frederick Costello Betty and Charles Curry Geraldine and Dwight Daniels Dazzo Auto Detail Mary Fales (The Maids Serving Los Altos) Helen and Dan Follmer Joni and Ron Garcia Joseph and Vanna Giuttari Mary Ann Grasso Terri Hambrook Neil Havens Cathey Herren Donna and J. Kenny Jackson Coead and Peter Kenny Virginia and Walter Kirschner Paul R. Kuhn, MD Michael Marley Carol and Edward Martin Moody and Associates, Inc. William Morris, Jr. Norman Mules Kathleen Anne O'Brien Osowski and Associates Ottiano Enterprises, Inc. Inga F. Rossa Senseman Industries T-Top Plumbing Corporation Cheryl Stites Anne Stokes Judith Swedlund The Maids of New England Judy and Omer Trout Richard Van Name Rebecca Wall Robert Wilson, Jr. Lori and Joe Wright	Harry Green Arlene and Mitchell Zoren
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	Jim Bessey Mattel Children's Foundation Dynell Osborne			
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S. Mark Taper Patient Services

Ten Reasons to Contact Ferne Hayes, Your Greater Los Angeles Chapter Equipment Loan Program Coordinator

Abe in Ventura needs a more comfortable wheelchair cushion. Betty in Upland needs a bedside commode. Carlos' therapist in Los Angeles suggests a sturdy four-wheeled walker. Each of them borrows what they need, free of charge, from the Equipment Loan Program (ELP) of the Greater Los Angeles Chapter of The ALS Association.



Diane has a great group of friends with whom she goes out once a week. She feels safe walking slowly with a friend on each side, but is really tired when she reaches her seat in the movie theatre. She speaks with Ferne Hayes, the ELP Coordinator and a physical therapist, who discusses the different kinds of wheelchairs and how to obtain one through her insurance. Then Diane borrows a companion wheelchair from the ELP – easy for her friends to put in and out of the car and a way for Diane to conserve her energy by letting her friends push her. This will save her insurance benefit for a more expensive wheelchair later.

Ed is cared for at home by his family. His insurance covers many of the supplies he uses everyday, but his family still pays out-of-pocket for several items – extra gloves, bed pads, etc. His family informs Ferne of the items they must purchase and she notifies them whenever any of these items have been donated.

Fiorella is having difficulty holding things. She looks over the list of small items available in the ELP and calls Ferne to get some large grip utensils and a two-handed plastic cup which is easier for her weak hands to hold.

George knows that his home, particularly the bathroom, needs some adaptations for accessibility. He arranges for a consult visit from Ferne who offers suggestions which help him decide the most economical way to proceed.

To help expand the Equipment Loan Pool, we ask for your support. In addition to these daily living aids, we also need donations of used medical equipment in good working condition and volunteers to transport items. Your Greater Los Angeles Chapter Equipment Loan Program is available to help you! Call Ferne Hayes at (626) 449-0605 or email her at elpferne@aol.com.

For Sale:

Super Light Electric Wheelchair
\$1000 - Almost New! Portable, breaks down to fit in trunk of car. Includes headlight, horn and basket. Call Tom Koehring at (310) 541-7884

Volunteers Needed!

We are looking for volunteers to tell the ALS story at companies and health fairs. Training will be provided! A passion to help is a requirement! Call Molly Rocky at (818) 865-8067 to sign up!

Workplace Giving Through Community Health Charities

We all have the potential to be a philanthropist!

Is your company participating in a workplace giving program? Want to participate in one - or start one? Contact the Chapter office and learn how you can make donations to The ALS Association every payday. Ask your fellow employees to support your cause! \$10 per paycheck can make a difference! Ask your employer to match your gift!

Items that are often available include:

Bathing/grooming Aids:
Bidet for use in shower
Grab bars
Long-handled brushes/sponges
Shampoo tray for use in bed
Toilet tissue aid
Toothbrush for use with suction

Dressing Aids:
Dressing sticks
Elastic shoelaces
Sock Aid
Zip-grip zipper pulls
Various adaptable clothing

Feeding Aids:
Attachable tray
Long-handled utensils
Various clothes protectors
Sip-tip tumbler, lids/straws
Long straws
Tubing for grips

Orthotics:
Collars, soft foam
Foot drop splints
Shoulder slings
Wrist/hand splints
Bend a Boot
Heel/elbow protectors

General Household:
Bed risers – to elevate bed 5"
Bed tray
Bolster pillow
Room monitor
Transfer belt
Wheelchair brake extensions
Blanket riser
Wheelchair backpack
Birdfeeder and seed
Book/papers holder
Dimmer switch for lamps
Power grip
Playing card holder
Various reachers

S. Mark Taper Patient Services

Hospice - It's Not the 'Last Step'

By Dillon Woods

The word “hospice” is widely misunderstood by many people in our society and even by some in the medical community. Most people have no clue what hospice really does. I had no clue what hospice did until a few years ago. Generally, hospice is seen by many as the last step of a serious illness. That is a very limited view.



ALS patients have a tremendous number of special needs that a hospice can help address. Cheryl Wallengren, who recently lost her husband, Ernie to ALS, says “hospice for us was a wonderful experience which I wish we had started long before we did. It took a while, a long while, for Ernie to be accepting of it. I think it was the word itself, HOSPICE, and all that it implied, that scared him.”

She says, “Ernie wasn’t homebound; we continued to go to the movies, basketball games and other outings. As the saying went in our house, ‘Ernie was the coach and we played by his rules.’ So we had to wait for him to be ready. That time came at our last UCLA/ALS clinic appointment. We had been struggling with making the decision over whether to go on a ventilator since last October. A very hard decision. For our family, it was to be non-invasive respiratory support. Our insurance company, when I spoke to our case manager, kept on insisting that we didn’t qualify for hospice care until we had made that big decision. Technically, the insurance company was wrong. To qualify for hospice care, you cannot be receiving treatments for your disease to prolong life. The facts are, with ALS, since there are no known treatments to cure, you automatically qualify. You can go on and off hospice service whenever you want. In our case, we could have availed ourselves of everything they had to offer while we were agonizing over the decision. All I had to say was, we had decided non-invasive last fall and then if we changed our minds to go on the vent say, ‘sorry we’ve changed our minds.’

What hospice had to offer us was a RN who came to the house at least once a week to see how Ernie was doing, order medications that were delivered (things that I had been going to the store for, waiting in line and paying a large co-pay, etc.) and bringing other hospital type supplies. They also took over all the feeding tube costs, equipment, supplies and formula - things we had been paying for out-of-pocket were worth thousands of dollars. Hospice even paid for me to have a nurse’s aide to help me for six hours on Saturday. We paid for daytime help during the week, but I was the night and weekend caregiver. Having someone to help with the morning routine and to give me a break to eat and shower was wonderful. We were able to keep our own wonderful Diana and Glenn, from Home Respiratory Care, as therapists. Hospice picked up their tab as well. For me it was the support of the social worker that was so helpful. She was there for

me to talk to about frustrations, stress and worries about the children. When Ernie passed away in our house with family and friends surrounding him, our hospice team was there to support us. All I had to do was make a phone call to them. Everything was taken care of. Hospice was there to care and support our whole family, physically, financially, emotionally and spiritually.”

ALS is a terrible, unpredictable and random disease. It’s hard on the patient and the entire family. Caring for a patient must be a team effort and hospice is an important part of that team. By getting hospice involved sooner rather than later, we help to maintain the sanity of the caregiver... as well as help the quality of life of the patient. The wisdom and support hospice can provide is tremendous. Hospice is a sane step for caregivers – not the last step for a patient.

Dillon Woods, M.Div is author of “Where Souls Meet: Caring for the seriously ill” and “Questions...for Quiet Times” available at bookstores around the country and at Amazon.com. He is founder of www.hospicevolunteers.com, the Living With Quality Foundation and is a popular speaker at conventions and conferences around the country. For samples of his audio book and more information about his work go to www.livingwithquality.com.

SUPPORT GROUP SCHEDULE

**Westlake Village/
Ventura County:**
City of Westlake Village Library/
City Hall
Community Room
31200 Oak Crest Drive,
Westlake Village, CA 91361
Fourth Saturday of the month,
1 p.m.
Contact: Joyce Lauterback
(818) 421-9729 for topic/speakers

Pasadena:
Lamanda Park Library
140 South Altadena Drive,
Pasadena, CA 91107
Third Saturday of the month, 2 p.m.
Contact: Joyce Lauterback
(818) 421-9729 for topic/speakers

Spanish Speaking Group:
Contacten: Martha Mowatt
(562) 889-9452 para direccion,
tema y presentador. Se reune
cada tres meses.

2003 CAREGIVER SUPPORT GROUPS

San Gabriel Valley
San Gabriel Unified School District, Conference Room
408 Junipero Serra
San Gabriel, CA 91776
Meets: Thursday, October 2, 2003 - 11:30 am to 1 pm

Westlake Village, Ventura Country
City of Westlake Village Library/City Hall, Community Room
31200 Oak Crest Drive
Westlake Village, CA
Meets: Wednesday, November 5, 2003 - Noon to 1:30 pm

Long Beach
American Red Cross, Long Beach Branch, Room 1
3150 E. 29th Street
Long Beach, CA 90806
Meets: Thursday, December 4, 2003 - 11:30 am to 1 pm

Westside
American Red Cross, Located on the VA grounds
11355 Ohio Avenue, Room 7
Los Angeles, CA 90025
Meets: Thursday, January 8, 2004 – 11:30 am to 1 pm

NOTE: Session are open to ALL caretakers. Contact: Dillon Woods at (310) 358-6043 for more information about any of the above caregiver support groups.

Living with ALS, Part 3

Clowning Around

By Denise Glass and Molly Rockey

Sorry I missed the last edition of the newsletter but I’ve been busy clowning around. I left you as I was preparing to attend The Great Clown Adventure Convention at Circus Circus in Las Vegas last February. At that time, I was concerned about attending the convention because of my speaking challenges, increasing difficulty in swallowing, eating “issues,” and my general lack of stamina. But what the heck, you only live once, so off I went anyway!

Everyone at the convention was so embraceable, encouraging and understanding as to my future life with ALS. But clowns don’t worry or fret for long. They’re too busy sneaking up with a gag, a whoopee cushion, a tickling feather or a magic trick. I had so much fun. I decided to order a custom made clown costume that will accommodate my body as it changes with ALS. My shoes were specially made so I won’t easily trip. My pink and purple costume attaches with velcro and is roomy, cool and lightweight. I had such a fabulous trip to Las Vegas that I decided I needed to further pursue my goal of being a better clown and went ahead and signed up for clown summer camp.

The Mooseburger Clown Camp began on August 2nd in the farming community of Annandale, Minnesota. I joined 65 clown “campers” who all had one goal in mind: to further their clowning skills so they could make the world a happier place in which to live. Clowns came from as far away as New Zealand, Japan, England, Scotland and the Bahamas. I met so many new friends and reconnected with my Las Vegas convention group. We started the day early, went nonstop until late into the night, and then my two roommates and I had pajama parties each night where we practiced gags, skits, magic, juggling and lots of laughing! You would’ve thought it might all be too overwhelming for me, but the energy, the excitement, the friends I made and the joy of it all kept me going day after day. I traveled home with much more luggage than I started with due to the purchase of rubber chickens, kazoos, hats, magic

tricks, additional make-up for my new clown face thanks to the hours of makeup classes I took. I collapsed when I got home and spent two days in my p.j.’s recovering from a clown’s life, because I have never laughed so hard, so long and so many times!

One of my friends, Bob (aka ‘Toolz’), is in a wheelchair and he’s a part-time clown who performs with his wife at fundraisers, birthday parties and volunteers for non-profit groups. He won 1st prize at the convention for “best entry in the clown parade” using his wheelchair as a prop. He inspired me to keep pursuing my passion for clowning no matter what my physical limitations are. Thank you, Bob!

Oh, and one more thing. July 5th was the Greater Los Angeles Chapter’s celebration of Lou Gehrig’s 100th birthday at Dodger Stadium. Because my Walk to D’Feet ALS team raised over \$9,000 in October 2002, I was given a ticket to attend the baseball game against the Arizona Diamondbacks and a pass to be on the field just before game time to see the first pitch. This was a golden opportunity for me because I got to meet Diamondback pitcher Curt Schilling! Even with Curt standing 6’5”, he had the ability to make everyone feel tall, even if you were sitting in a wheelchair. He warmly greeted me and all the other PALS on the field and encouraged us to keep up hope, work together to find a cure and to always try and keep our spirits up. His kindness and gentleness touched me deeply!

So what is my next adventure? Well, I have a goal this year for my Walk to D’Feet ALS 2003 team - to raise over \$12,000. I am working now on my letter writing campaign and signing up walkers for my team. I look forward to seeing all of you at Reed Park on October 4th as we walk and roll together to support OUR Patient Services Department and raise funds for a cure.

Special Thanks: Without Molly’s help, I wouldn’t have been able to do these articles! Thank you very much Molly!



Look for more adventures of Denise Glass in the next ALS Messenger newsletter!

What is CART ... Anyway?

By Barb Phillips, MS OTR and Molly Doyle, MA CCC

You may have heard about CART through the ALS Association or another PALS. CART is an acronym for the Center for Applied Rehabilitation Technology. We are located at Rancho Los Amigos National Rehabilitation Center in Downey. PALS are referred to CART for assistive technology services in the areas of augmentative communication, computer access, environmental control and seating, positioning and mobility. At CART, you will be evaluated for the type of technology that will allow you to continue living life as fully and independently as possible with recommendations for the appropriate technology to enhance your present functional level.

Anyone you work with can refer you to CART: your physician, case manager, therapist - heck, you can even pick up the phone and refer yourself! Since we are providing a medical service, most insurances will cover the cost of your evaluation and equipment. If you do not have insurance, the Muscular Dystrophy Association is a resource that is available to you.

We need a prescription from your physician requesting that we “evaluate and treat for assistive technology” and some other basic paperwork that will facilitate scheduling your appointment. Every effort is made to get your appointment scheduled in 1-2 weeks.

Our priority is always to make you function as independently and effortlessly as possible. We spend time getting to know you before we show you technology options. If you are going to be evaluated for an augmentative communication system, the appointment will take the following direction:

First, we like to find out about the course of your disease, changes in your physical status and types of equipment you are currently using. We will ask questions about how you spend your time and whom you communicate with. This helps us determine some of the features you may need in a communication system.

Second, you will meet one of our Occupational Therapists, Barb Phillips or Lori Rowley. They will evaluate how you move your hands, feet and head in order to find the easiest way for you to use the technology. They will also perform a quick vision screening to see what size text you can read most easily.

Third, you will next work with the speech pathologist.



During the speech evaluation portion, you will be asked questions related to how you communicate, whom you communicate with and your different communication environments. You will have the opportunity to try a range of options before a final recommendation is made.

Fourth, if a device is being recommended, you will be given a prescription to bring to your doctor for a signature. It then needs to be forwarded to your insurance company and we will give you information about how to facilitate that process. The CART team writes a report with equipment recommendations. You will receive your copy 2-3 weeks after the evaluation. If you need a device immediately, the speech pathologist will contact Linda Madole, from The ALS Association, to see if they have one available for you to borrow from their loan pool while you are waiting for your own device.

Finally, once your equipment arrives, you will come back to CART so that we can set it up for you. If training is necessary, that will be provided for you.

You can expect that your access will change or that over time, it will become more difficult for you to use the technology because of the progressive nature of ALS. We take that into consideration when making equipment recommendations, therefore, it is essential that you let us know as soon as things start becoming difficult. Many times, a very easy adjustment can be made so that you can continue using your device.

To make a CART appointment, contact Martha Garcia at (562) 401-6800. You can also check out our website at www.rancho.org/cart.

CART is located at 7601 E. Imperial Highway, Downey, CA 90242. Phone: (562) 401-6805, Fax: (562) 803-8892.

Barbara Phillips, occupational therapist and Molly Doyle, speech pathologist are two of the therapists at CART who regularly work with PALS.

ALSA Events: Walk to D’Feet ALS Update

Lou Gehrig Walked 1508 Times for His Team . . . Won’t You Walk Once for Ours?

Come out and help The ALS Association, Greater Los Angeles Chapter in our biggest fundraiser of the year - the Walk to D’Feet ALS! Get together, form a team and walk to fight ALS!

There are three ways to register to form a team, walk or to donate!

- 1. Online – www.walktodfeetla.kintera.org
- 2. Call the Chapter office at (818) 865-8067
- 3. Fax your name, address, phone number and e-mail to 818-865-8066

Increase the amount you raise by writing a letter to all of your friends and family members asking them to support your fundraising efforts!

If you have any questions, please contact Giovanna D’Angelo, Director of Special Events at The Greater Los Angeles Chapter at 818-865-8067 or info@alsala.org.

2003 Walk to D’Feet ALS
Event Information

When?	Saturday, October 4, 2003 8:30 a.m. - Registration and Sign In 9:30 a.m. - Opening Ceremonies 10:00 a.m. - Walk Begins!
Where?	Reed Park, 7th Street and California Street, Santa Monica
How Far?	3 mile walk (with options for a 1 or 2 mile loop)
Goals:	1,500 walkers to raise \$350,000 for patient services, research, funds to increase public awareness of ALS and the work The ALS Association is doing to improve the quality of life of people and families living with Lou Gehrig’s Disease.

(Right) 2003 Walk to D’Feet Committee Members (left to right): Denise Glass, Robert Golshan, Denise McCain Tharnstrom, Cathy Ostiller and Elizabeth Bluestein. Not pictured: Ashleigh Harris, Rosa Vongchanglor and Arlene Williams.



ALSA Events: 2003 Golf Tournament Recap

Thank you very much to our host, Wes Parker, as well as honored guests Pat Boone, Gordon Clapp, Rafer Johnson, and Gary Bernardi.

Thank you very much to our event sponsors shown below!

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Authentic Swing Golf Tournament Scores

(flight winners names bold)

“Murderer’s Row” Flight

- | | |
|-------|--|
| 51 | Kaiser, Novak, Kimball and Weaver |
| 54 | Ching, Fisher, Oroz and Schwartz |
| 59 | Belivilacqua, Powlick, Boone, Bergman and Burkhard |
| 64.25 | Ballard, Heffner, Larson and Harad |

“World Series” Flight

- | | |
|-------|---|
| 54 | Fuhrman, Knight, Leroy, Carlson and Parker |
| 55.75 | Buchanan, Russell, Schlossman and Tangrey |
| 59 | Davis, Little, Scocchio and Steed |
| 60.25 | Fisher, Fisher, Forester and Levesque |
| 60.75 | Harney, Sypek, Stallard, Vega and Davenport |

“Crown Prince” Flight

- | | |
|-------|---|
| 58.5 | Birmingham, Fisher, Smith Rosenberg, and Rosenberg |
| 62 | Safenowitz, Silverman, Clapp, Jones and Henderson |
| 62 | Nweeia, Johnson, Terlecky, Tolley and Bernardi |
| 65 | Gilson, D'Angelo, Rhatigan and Dunn |
| 69.25 | Krave, Hall, Myers, Linden and Linden |

“Pride of the Yankees” Flight

- | | |
|-------|---|
| 60 | Golper, Lueke, Treiber and Longworth |
| 63.25 | Rasmussen, Rasmussen, Sidenberg and Sidenberg |
| 63.25 | Adamski, Kemp, Matthews and Witwer |
| 64.25 | Armon, Jaffe, Lewis and Powlick |
| 65 | Gomez, Levin, Scott and Weinstein |

“Bronx” Flight

- | | |
|-------|--|
| 57.75 | Costley, Samson, Sercu and McEachen |
| 60 | Colabella, Davis, Lightfoot and Legg |
| 60 | Hard, Cox, Kernochan, Scott and Scandone |
| 61 | Flanagan, Flanagan, Martin and Packowicz |
| N/C | Duarte, Louis and Ellis |